



Sustainability in our  
Communities

WHAT CAN WE DO?



# #1 Recycle



- Become the recycling ambassador of your family!
- Make sure that the correct items are going in your blue bin
- Maybe if there were more recycling bins around, people would use them more!



[https://youtu.be/6jQ7y\\_qQYUA?si=sh8ok78AIyh](https://youtu.be/6jQ7y_qQYUA?si=sh8ok78AIyh)



## #2 Plant a Garden

- See if you have any space in your yard (or a family member's yard to create a food garden!
- They help provide a safe space for bees
- They make our air healthier!
- Leads to less pesticide use
- Reduces transport or







# #3 Add Solar Panels!

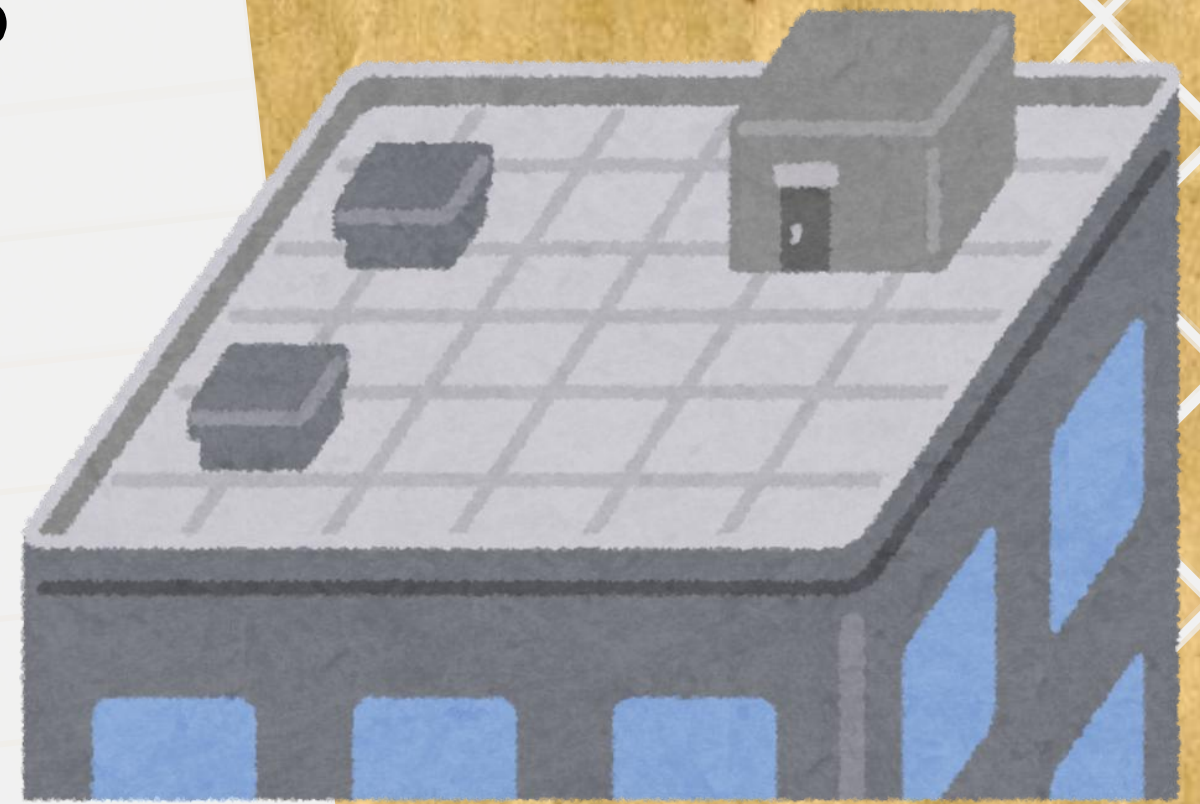
- Allows power to come straight from the sun!
- They are used to create “green buildings”  
([kids.earth.org](http://kids.earth.org))





# #4 Rooftop Farms

- In busy cities, we don't always have space to build traditional farms
- Some cities use the strategy of having "rooftop farms" to capitalize on space and promote the growth of local foods!







## #5 Add Window Boxes

- Helps your local pollinators!  
(Fantastic Gardeners Blog, 2015)
- Great strategy if you don't have the space for a backyard garden





# #6 "Reuse" where you can!

- Take part in a toy or book "swap" with friends instead of asking for new things! (KidsHealth, n.d.)
- Imagine seeing everyone in your community sharing things!
- Bring reusable water bottles to school

CHOOSE  
TO  
REUSE





# #7 More Biking and Walking





# #8 Plant Trees in the Community





Be a Green Kid. KidsHealth. Retrieved from <https://kidshealth.org/en/kids/go-green.html>

Protecting Our Planet Starts With You. National Ocean Service. Retrieved from <https://oceanservice.noaa.gov/ocean/earthday.html>

Recycling for Kids: Recycling Plastic, Glass and Paper: Recycle Symbol: Kids Academy. (2018). Kids Academy. Retrieved from [https://youtu.be/6jQ7y\\_qQYUA?si=FinmN5JQQUNImR-C](https://youtu.be/6jQ7y_qQYUA?si=FinmN5JQQUNImR-C)

Tsui, J. (2023). How Can We Build a Sustainable City? A Kid-Friendly Guide. Kids.Earth.Org. Retrieved from <https://kids.earth.org/life-on-land/how-can-we-build-a-sustainable-city-a-kid-friendly-guide/>

What Gardens Can Do for Social and Environmental Sustainability. (2017). Samuel Centre for Social Connectedness. Retrieved from <https://www.socialconnectedness.org/what-gardens-can-do-for-social-and-environmental-sustainability/#:~:text=Like%20green%20spaces%2C%20gardens%20participate,by%20enabling%20reverberation%20and%20evapotranspiration.>