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### **Call for Papers**

**Book title/Subtitle:** Mentoring for Wellbeing: An Interdisciplinary Perspective

**Editor/Author (Names and Affiliation):** Drs. Benjamin Kutsyruba and Frances Kochan

**Series title:** Perspectives on Mentoring

**Series editor:** Dr. Benjamin Kutsyruba, Queen's University

#### **Book Description:**

This volume of the Perspectives on Mentoring Series will explore the role of mentoring in promoting the wellbeing of both mentees/protégés and mentors in various contexts. Due to its multiple benefits, mentoring is widely recognized and practiced in such fields as health sciences, education, business, engineering, and social work. Mentoring entails forming a mutually supportive, trusting, and meaningful association between individuals with differing levels of experience and knowledge in particular contexts. At its core, mentoring is about helping, advising, supporting, and guiding mentees and proteges to gain a wide variety of skills, abilities, and/or attributes. Research indicates that mentoring facilitates the growth and learning of mentees and creates a safe context for them to achieve success and develop independence, self-confidence, decision-making and problem-solving skills. However, another outcome of mentoring, less often discussed, is the positive impact it can have on the mental health and wellbeing of both the mentor and mentee. Well-being here is considered in a broad sense, entailing aspects of feeling good (i.e., positive emotions, positive relationships, a sense of meaning) and functioning well (i.e., feelings of engagement and achievement) (Seligman, 2011). Of particular interest for this edited volume is how mentoring can promote mental health, build resilience, develop capacity to maintain and sustain emotional, psychological, and social well-being, and promote *flourishing for all* in various organizational settings.

We are seeking authors from diverse organizational settings (i.e., business, education, health, industry) as well as from countries around the world. Contributions may include empirical or practitioner pieces. Authors may submit their original research, reports of exemplary mentoring programs, practitioner learning, conceptual pieces, or reviews of literature on the role of mentoring processes as supportive structures for the wellbeing of mentors and mentees in diverse professional settings. The ultimate goal of this volume is to develop a greater understanding of the role of mentoring for the wellbeing or the wellbeing capacity development in mentees and mentors.

#### **SAMPLE Topics of Interest:**

- Wellness and mentoring
- Mental health and mentoring
- Wellbeing of mentors and mentees/proteges

- Flourishing mentoring relationships
- Mindfulness
- Positive psychology strategies for mentoring
- Positive organizational scholarship and mentoring
- Mentoring, induction, and teacher education
- Developing resilience through mentoring
- Appreciative inquiry and mentoring
- Conflict resolution through mentoring
- Diversity and workplace mentoring
- Positive leadership development through mentoring
- Peer mentoring
- Mentoring and graduate student supervision
- Youth mentoring

### **Proposal Information:**

Proposals should be made on one single-spaced page, and consist of your name and affiliation, email address, a tentative title, and an abstract (250-300 words). Please include an additional page with a brief biography (200-250 words) and relevant professional publications. All proposals should be sent as a single Word file of 2 pages to Dr. Benjamin Kutsyruba (ben.kutsyruba@queensu.ca) by December 15, 2022.

### **Chapter Submission Information:**

Authors of accepted proposals will be notified by January 31, 2023, about the status of their submission and sent chapter guidelines. Full chapters, ranging from 7,000 to 8,000 words in Times New Roman 12, double spaced text, inclusive of title, abstract, manuscript, and references, should be submitted as a Microsoft Word email attachment by March 31, 2023. Manuscripts should conform to 7th edition APA style conventions. See Author Guidelines at <http://www.infoagepub.com/guidelines.html>. Graphics and images may be included.

### **Schedule for Publication**

#### **Abstract Submission:**

December 15, 2022

#### **Notification of invite to submit chapter:**

January 31, 2022

#### **Submission of book chapter:**

March 31, 2023

#### **Reviews of book chapter manuscripts sent to author(s):**

May 15, 2023

#### **Receipt by editors of final draft of book chapters:**

June 15, 2023

#### **Final book submitted to publisher:**

July 31, 2023

#### **Anticipated publication:**

Fall 2023