

# First Nations Math

## Activity 2 - Measuring With Your Body

The First Nations people of North America did not have measuring devices to use when building their canoes or longhouses. They did not have metre sticks or rulers. They had to come up with their own form of measurement. They used something that they always had with them - parts of their bodies.

Why don't you try using parts of your body to measure things around your home or outside?

What Body Part Did You Use?	What Did You Measure?	What Size Did it Measure?
Elbow to wrist		
Tip of Thumb to First Joint		
Finger Tip to Elbow		
Shoulder to Wrist		
Knee to Ankle		
Length of Foot		
One Stride		
Wrist to Fingertips		
Outstretched Hand Thumb to Little Finger		




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Can you believe THIS is math?